

2015 AUBURN MOUNTAINVIEW FOOTBALL PLAYER/PARENT MEETING

I.N.A.M.

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MEETING OVERVIEW

- AUBURN MOUNTAINVIEW FOOTBALL
- COACHING STAFF
 - WHAT YOU CAN EXPECT FROM US
- SPRING FOOTBALL EXPECTATIONS & SCHEDULE
- SUMMER CAMP
 - GRIDIRON OF CHAMPIONS CAMP
- MOUNTAINVIEW UNITED: SUMMER PROGRAM
 - JULY MINI-CAMP
- 2015 FOOTBALL SEASON
 - SUMMER SCHEDULE
 - TEAM BUILDING ACTIVITIES
 - ELIGIBILITY
 - COSTS AND FUNDRAISING
 - PARENT EXPECTATIONS

Lion Football Expectations

- WHAT YOU AS PARENTS AND PLAYERS CAN EXPECT BEING A PART OF AMHS FOOTBALL
 - **DEVELOPMENT:** THE COACHING STAFF WILL WORK TO DEVELOP YOUR SON AS A YOUNG MAN AND FOOTBALL PLAYER
 - **SAFETY:** HE WILL BE COACHED IN PROPER TACKLING AND BLOCKING TECHNIQUES, AND HE WILL PRACTICE AND COMPETE AGAINST COMPARABLE ATHLETES
 - **EXPOSURE:** NOT JUST RECRUITING; BUT EXPOSURE TO BEING PART OF A TEAM AND NEW PEOPLE/IDEAS
 - **COMMUNITY:** HE WILL BE PART OF PART OF A TEAM - COACHES, PLAYERS, PARENTS AND FANS THAT **VALUE** EVERY SINGLE TEAM MEMBER

EXPECTATIONS FOR COACHES

- **YOUR SON WILL HAVE A GROUP OF ADULTS THAT CARE ABOUT HIS SUCCESS AS A STUDENT, A PERSON, AND AN ATHLETE HERE AT AMHS!**
- **COACHING PHILOSOPHY:**
 - **CONSISTENCY:** WE STRIVE TO BE CONSISTENT IN EVERYTHING WE DO AS COACHES
 - **COMPETITION:** WE BELIEVE IN ALLOWING PLAYERS TO COMPETE FOR PLAYING TIME – “THE 11 BEST”
 - **DEMANDING:** WE FEEL THE BEST WAY TO HELP YOUNG MEN REACH THEIR POTENTIAL IS TO HOLD THEM TO HIGH EXPECTATION

COACHING STAFF 2015

OFFENSE

- JARED GERVAIS – HEAD COACH & OFFENSIVE COORDINATOR
- BRIAN GROUT – OFFENSIVE LINE
- CRAIG GOBROSKI – WIDE RECEIVERS
- KEN COLBURN – RUNNING BACKS & JV OFFENSIVE COORDINATOR
- JOE RUSH – WIDE RECEIVERS & FRESHMEN OFFENSIVE COORDINATOR
- ERIC JARVIS – OFFENSIVE ASSISTANT

DEFENSE

- KENT RODSETH – DEFENSIVE BACKS & DEFENSIVE COORDINATOR
- KEVIN NISHIMOTO – LINEBACKERS
- BOBBY SPARKS – INVERTS & JV DEFENSIVE COORDINATOR
- GREG WILLS – DEFENSIVE LINE & FRESHMEN DEFENSIVE COORDINATOR
- BYRON WILSON – DEFENSIVE ASSISTANT
- ZACH RIVERA – DEFENSIVE ASSISTANT

Spring Football Calendar

• IMPORTANT DATES:

- JUNE 1ST: **SPRING PRACTICE 1**
 - TIME: 3:00PM – 7:00PM
 - WHERE: MOUNTAINVIEW FOOTBALL FIELD
- JUNE 5TH: **PASSING LEAGUE COMPETITION**
 - TIME: 6:30PM – 8:30PM
 - WHERE: ORTING MIDDLE SCHOOL
- JUNE 13TH: **SCRIMMAGE VS TAHOMA, NEWPORT AND ORTING**
 - TIME: 4:00PM – 7:00PM
 - WHERE: AUBURN MOUNTAINVIEW FOOTBALL FIELD
- JUNE 17TH: **SCRIMMAGE VS SOUTH KITSAP**
 - TIME: 4:00PM – 7:00PM
 - WHERE: AUBURN MOUNTAINVIEW FOOTBALL FIELD

Spring Football Expectations

- SPRING FOOTBALL IS A GREAT OPPORTUNITY FOR PLAYERS TO GET BACK INTO FOOTBALL AND PREPARE FOR THE 2015 SEASON
- ATTENDANCE **IS STRONGLY RECOMMENDED** FOR PARTICIPATION IN THE 2015 SEASON
- ATTENDANCE **IS MANDATORY** FOR FULL PARTICIPATION IN SPRING FOOTBALL SCRIMMAGES VS TAHOMA AND SOUTH KITSAP

Spring Football Expectations

- SPRING FOOTBALL WILL BE TREATED LIKE THE REGULAR SEASON IN REQUIREMENTS FOR FULL CONTACT:
 - WATCH THE CONCUSSION VIDEO
 - 3 FULL PRACTICES WEARING ONLY HELMET AND JERSEY
 - 7 PRACTICES ARE REQUIRED BEFORE PARTICIPATING IN A SCRIMMAGE
- BASKETBALL, BASEBALL, SOCCER, WRESTLING:
 - TELL COACH GERVAIS OF POTENTIAL CONFLICTS IN ADVANCE

GRIDIRON OF CHAMPIONS CAMP

- **WHEN: JUNE 26TH – JUNE 29TH**
 - LEAVE AMHS JUNE 27TH AT 8:00AM
 - LEAVE EVERGREEN STATE COLLEGE JUNE 30TH AROUND 12:00PM
 - PLAYERS/PARENTS NEED TO PROVIDE TRANSPORTATION TO AND FROM CAMP
 - IF TRANSPORTATION IS AN ISSUE TALK TO COACH GROUT OR GERVAIS
- **WHERE: EVERGREEN STATE COLLEGE**
 - PLAYERS WILL BE STAYING IN DORM ROOMS (**ALL SCHOOL RULES ARE ENFORCED**)
- **COST: \$285 (PAID TO THE AMHS BOOSTER CLUB)**
 - COVERS ROOM, ALL MEALS, AND CAMP T-SHIRT
 - **DEPOSIT OF \$100 DUE BY JUNE 12TH** (SECOND FRIDAY OF SPRING FOOTBALL)
 - PLAYERS CAN EARN MONEY TO PAY FOR CAMP BY WORKING AT FIREWORK TENT

GRIDIRON OF CHAMPIONS CAMP

- **WHO RUNS THE CAMP:**
 - GERVAIS FOOTBALL ACADEMY
- **DAILY SCHEDULE:**
 - BREAKFAST
 - AM PRACTICE
 - VARSITY OFFENSE SCRIMMAGE/JV DEFENSE
 - LUNCH
 - PM PRACTICE
 - VARSITY DEFENSE SCRIMMAGE/JV OFFENSE
 - DINNER
- **OTHER SCHOOLS: MERCER ISLAND, BLANCHET, BONNEY LAKE, BALLARD, MONROE, REDMOND, LIBERTY AND KENNEDY CATHOLIC**



MOUNTAINVIEW **UNITED**

- **WHEN: WEEKDAYS IN JULY AND AUGUST**
 - MONDAY – THURSDAY FROM 9:00AM – 11:00PM
 - TUESDAY NIGHT “SMACKDOWN” FROM 7:00PM – 9:00PM (AUGUST)
 - THURSDAY NIGHT (MAKE-UPS) FROM 5:00PM – 6:30PM
- **WHERE: AUBURN MOUNTAINVIEW HIGH SCHOOL**
- **COST: FREE**
 - WORKOUTS WILL BE ORGANIZED BY COACH RODSETH AND WILL BE RAN BY AMHS COACHES (FOOTBALL, BASKETBALL, WRESTLING AND VOLLEYBALL)
 - THIS WILL ALLOW ALL AUBURN MOUNTAINVIEW ATHLETES TO WORK OUT TOGETHER AT ONE TIME

MOUNTAINVIEW **UNITED?!?**

- **“CLIMBING UP TOGETHER”**
 - WORKING WITH THE OTHER SPORTS TEAMS AT AUBURN MOUNTAINVIEW TO REDUCE THE BURDEN ON PLAYERS, PARENTS AND COACHES
- **“MOUNTAIN TEAMS”**
 - THE FOOTBALL TEAM WILL BE SPLIT UP INTO 6 TEAMS:

Mount St. Helens	Mount Adams	Glacier Peak
Sawtooth Mountain	Mount Olympus	Mount Redoubt
 - TEAMS WILL BE AWARDED POINTS FOR PARTICIPATION AT NON-MANDATORY FOOTBALL EVENTS, WORKING AT FUNDRAISERS, AND COMPLETING PAPERWORK

MOUNTAINVIEW *MINI-CAMP*

- **WHEN:** JULY 28TH – JULY 30TH
 - AMHS FOOTBALL PRACTICE FROM 12:00PM TO 2:45PM
 - NON-CONTACT PRACTICES
 - TEAM BUILDING ACTIVITIES – FOLLOWING PRACTICE
- **WHERE:** AUBURN MOUNTAINVIEW HIGH SCHOOL
- **COST:** FREE
 - PRACTICES WILL BE ORGANIZED AS STANDARD AMHS FOOTBALL PRACTICES
 - THIS WILL BE OUR FINAL FOOTBALL ACTIVITIES BEFORE THE START OF THE ACTUAL 2015 FOOTBALL SEASON

2015 FOOTBALL SEASON

- **IMPORTANT DATES:**
 - **AUGUST 17TH:** AUGUST PARENT/PLAYER MEETING
 - 7:00PM – 8:00PM IN THE AUBURN MOUNTAINVIEW GYM
 - SPIRIT PACKS, TEAM PHOTOS, COMPLETE GAME SCHEDULE
 - **AUGUST 19TH:** FIRST **MANDATORY** PRACTICE
 - 10:00AM AUBURN MOUNTAINVIEW FOOTBALL FIELD
 - CONCUSSION VIDEO, HEADS-UP FOOTBALL, AND **PRE-SEASON TESTING**
 - **AUGUST 19TH:** TEAM LOCK-IN
 - **AUGUST 28TH:** JV/FRESHMEN SCRIMMAGE & VARSITY JAMBOREE
 - **SEPTEMBER 4TH:** VARSITY VS FOSS
 - **SEPTEMBER 7TH:** JV VS FOSS & FRESHMEN @ ORTING

ELIGIBILITY FOR 2015

- **AUGUST 19TH:** IS THE **FIRST MANDATORY** FOOTBALL EVENT FOR THE YEAR
 - **WHAT PLAYERS NEED TO PARTICIPATE:**
 - SIGNED COPY OF THE AUBURN SCHOOL DISTRICT ATHLETIC POLICY
 - CURRENT PHYSICAL ON FILE (PHYSICAL IS GOOD FOR TWO YEARS)
 - PURCHASED ASB CARD
- **12 PRACTICE DAYS REQUIREMENT:** IN ORDER TO PARTICIPATE IN A GAME AN ATHLETE NEEDS TO BE ELIGIBLE AND FULLY PARTICIPATE IN 12 PRACTICE DAYS
 - MISSING PRACTICES (FOR ANY REASON – EXCUSED OR UNEXCUSED) MAY CAUSE AN ATHLETE TO MISS AN ENTIRE GAME
 - PLEASE DO NOT SCHEDULE VACATIONS AFTER AUGUST 17TH (**THIS INCLUDES LABOR DAY**)
 - THERE ARE **ABSOLUTELY** NO EXCEPTIONS TO THIS RULE!

2015 TEAM BUILDING ACTIVITIES

- **APRIL 25TH – LIONS GIVE BACK – CITY OF AUBURN “CLEAN SWEEP”**
 - TIME: 8:30AM – 12:00PM
 - WHERE: AUBURN, WA (MEET AT CITY HALL)
- **JULY 25TH – TORCHLIGHT 5K RUN**
 - TIME: 5:00PM TO 9:00PM
 - WHERE: SEATTLE CENTER AND WATERFRONT
 - **COMPLETELY OPTIONAL – COSTS \$40**
- **AUGUST 15TH – RACE TO THE TOP**
 - TIME: 11:00AM – 1:00PM
 - WHERE: PINNACLE PEAK (AKA MOUNT PEAK) IN ENUMCLAW
- **AUGUST 17TH – AMHS FOOTBALL OLYMPICS**
 - TIME: 10:00AM – 12:00PM
 - WHERE: AUBURN MOUNTAINVIEW FOOTBALL FIELD
- **AUGUST 19TH – AMHS FOOTBALL LOCK-IN**
 - TIME: 9:00PM – 12:30AM
 - WHERE: AUBURN MOUNTAINVIEW GYM

2015 SEASON PROJECTED COST

- **THESE ARE THE LIKELY EXPENSES THAT YOU SHOULD EXPECT FROM PARTICIPATING IN THE AUBURN MOUNTAINVIEW FOOTBALL PROGRAM**
 - GRIDIRON OF CHAMPIONS CAMP: \$285
 - SPIRIT PACK: \$50
 - ASB CARD: \$10 – \$45
 - TOTAL COST: \$345 - \$375 (\$10 - \$45)
- **PLEASE CONTACT COACH GERVAIS OR COACH GROUT WITH ANY CONCERNS ABOUT THESE COSTS**

PARENT EXPECTATIONS

1. **COMMUNICATION WITH YOUR STUDENT ATHLETE:**
 1. **BE YOUR SON'S BIGGEST FAN! SUPPORT HIM UNCONDITIONALLY!**
 2. TRY YOUR BEST TO BE HONEST ABOUT YOUR SON'S ATHLETIC ABILITY.
 3. **DON'T COMPETE WITH THE COACH...**MIXED MESSAGES CAN BE VERY CONFUSING.
2. **COMMUNICATION WITH THE COACH:**
 1. HAVE YOUR SON ATTEMPT TO TALK TO HIS COACH FIRST; IT WILL HELP TEACH HIM TO ADVOCATE FOR HIMSELF!
 2. IF YOU HAVE A PROBLEM DIRECTLY RELATED TO FOOTBALL: **WAIT 24 HOURS** AND THEN CONTACT COACH GERVAIS, IT WILL HELP YOURSELF AND THE COACHES COOL DOWN AND REFLECT ON THE SITUATION.
 3. PLEASE DO NOT COME ON THE FIELD AT PRACTICE TO SPEAK WITH A COACH; WAIT UNTIL THE CONCLUSION OF PRACTICE AND THEN WE WILL BE MORE THAN WILLING TO TALK TO YOU.
3. **APPROPRIATE CONCERNS TO DISCUSS WITH COACH:**
 1. THE TREATMENT OF YOUR CHILD, MENTALLY AND PHYSICALLY (YOU KNOW THEM BETTER THAN WE DO!)
 2. WAYS TO HELP YOUR ATHLETE IMPROVE ON THE FIELD AND CLASSROOM
 3. CONCERNS ABOUT YOUR ATHLETE'S BEHAVIOR
4. **INAPPROPRIATE CONCERNS TO DISCUSS WITH COACH:**
 1. PLAYING TIME
 2. TEAM STRATEGY AND PLAY CALLING
 3. OTHER STUDENT ATHLETES
5. **GET INVOLVED IN THE PROGRAM! IT WILL HELP YOU MEET THE COACHES, PLAYERS AND OTHER PARENTS!**

HOW TO GET INVOLVED

We know that parents' want to help the football program, here are the following ways that you can help!

Freshman Parents – AMHS Booster Club Auction – get to as many Freshmen games as possible

Sophomore Parents – AMHS Golf Tournament – get to as many Junior Varsity or Varsity games as possible

Junior Parents – Fireworks Fundraiser – support your son in what is most likely his most difficult year of HS

Senior Parents – Fireworks Fundraiser – write a letter to your son, for him to read before the first game

Fathers – help promote/organize Football Camp and opportunities to improve their football technique

All Parents – volunteer to help with Varsity Team Dinners on Fridays before the game

FUNDRAISING

- **WHY THE NEED:** TO MAKE SURE THAT EACH PLAYER (FRESHMEN TO SENIOR) HAS TOP OF THE LINE EQUIPMENT AND UNIFORMS, AND CAN PARTICIPATE FULLY IN TEAM CAMPS AND TEAM DINNERS.
- **FIREWORKS TENT (JUNIORS AND SENIORS):**
 - WHEN: JUNE 28TH TO JULY 5TH
 - WHERE: FAIRWOOD SAFEWAY
- **GOLF TOURNAMENT (SOPHOMORES):**
 - WHEN: JULY 18TH (1PM START)
 - WHERE: DRUIDS GLEN
- **GOLD CARD COUPON SALES (PLAYERS):**
 - WHEN: LATE AUGUST
 - WHERE: AUBURN AND KENT AREA
- **AMHS BOOSTER CLUB AUCTION (FRESHMEN):**
 - WHEN: LATE MARCH
 - WHERE: MERIDIAN VALLEY COUNTRY CLUB

2015 GAME SCHEDULE

VARSITY		JUNIOR VARSITY		FRESHMEN TEAM	
Date	Opponent	Date	Opponent	Date	Opponent
09.04.15	Foss	09.07.15	@ Foss	09.07.15	@ Orting
09.10.15	Steilacoom	09.14.15	@ Steilacoom	09.14.15	Steilacoom
09.17.15	Bonney Lake	09.21.15	@ Bonney Lake	09.21.15	Bonney Lake
09.25.15	@ Sumner	09.28.15	Sumner	09.28.15	@ Sumner
10.02.15	Auburn Riverside	10.05.15	@ Riverside	10.05.15	Riverside
10.09.15	@ Lakes	10.12.15	Lakes	10.12.15	@ Lakes
10.16.15	@ Peninsula	10.19.15	Peninsula	10.19.15	@ Peninsula
10.23.15	Auburn	10.26.15	@ Auburn	10.26.15	Auburn
10.30.15	Enumclaw	11.02.15	@ Enumclaw	11.02.15	Enumclaw
11.06.15	District Playoffs				

IT'S NOT ABOUT ME!

ANY QUESTIONS?

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AMHS Lions Football



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